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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★
OBERLIN COLLEGE ★ OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

2009 NCAC Men's and Women's Swimming & Diving Championships

For Immediate Release
February 15, 2009

**DENISON MEN AND WOMEN OBLITERATE RECORD BOOKS ON WAY TO NCAC TITLES;
KENYON MEN AND WOMEN FINISH SECOND**

CANTON, Ohio – The Denison men and women halted Kenyon's domination of the North Coast Athletic Conference Swimming and Diving Championships in dramatic fashion, breaking 21 conference records on their way to their second team titles, respectively, at the 25th annual championship meet, hosted by Wooster at C.T. Branin Natatorium, February 12-14. The Big Red men picked up their first overall trophy since 1997, while the women came out on top for the first time since 2004. Overall 25 championship records exchanged hands during the three-day event.

The Denison men won 16 of the 20 events contested over the three-day competition, racking up 1,794.5 points to best the second-place Lords (1,419) by 375.5 points, the highest margin of victory in an NCAC meet since 1994. Wittenberg placed third accumulating 903.5 points, while Wabash (782.5) wound up fourth and Wooster (671.5) was fifth. Allegheny (659), Oberlin (476), Ohio Wesleyan (348), and Hiram (311) round out places six through nine, respectively.

The Big Red women also posted 16 event victories totaling 1,740.5 points during the 20-event championship. Second-place Kenyon (1,609.5) was followed by Allegheny (921) in third, Wooster in fourth (823) and Wittenberg (806) in fifth. Oberlin (612), Ohio Wesleyan (414) and Hiram (411) closed out the standings in positions six through eight, respectively.

Denison junior **Olivia Zaleski (Corry, PA/Corry Area)** repeated as the Female Swimmer of the Year. Individually, she won the 100 butterfly (54.84), 50 freestyle (23.19) and the 100 backstroke (55.78). She established NCAC records in all three events and also met the NCAA automatic qualifying standard for the upcoming national championship meet. Zaleski was a member of the winning 200 free (1:32.95), 400 free (3:24.80), 200 medley (1:41.17), and 400 medley (3:45.79) relays. All four relay times bested NCAC records and national championship time standards. The 200 free relay, as well as the medley relays, broke C.T. Branin Natatorium pool records; the medley relays and Zaleski's 100 fly set national collegiate marks.

Big Red senior **John Geissinger (Darien, CT/Lawrenceville School)** was tabbed the Male Swimmer of the Year after posting individual victories in the 50 free (19.98), 100 free (43.96), and the 200 free (1:37.33). All three times met national championship qualifying standards and set NCAC championship marks. Geissinger also swam a leg on four victorious relays, which broke NCAC records and eclipsed NCAA 'A' cut times - the 200 free relay (1:20.89), the 400 free relay (2:59.53), the 800 free relay (6:39.05), and the 400 medley relay (3:18.96). The 200 free relay as well as his winning time in the 50 free gave Geissinger C. T. Branin pool records as well.

Denison freshman **Brett Balling (Troy, MI/Troy)** swept both the 1- (387.15) and 3-meter (359.55) diving events, earning her Female Diver of the Year honors. Denison senior **Russ Borschein (Ann Arbor, MI/Pioneer)** took the one-meter board with a career-best 442.95 points, and finished third in the three-meter event with 400.90 points, earning himself the Male Diver of the Year award.

Denison's **Gregg Parini** was honored with both the Men's and Women's Swimming Coach of the Year honors by his peers. He wins the women's award for the seventh time and the men's for the fourth time in his Big Red career. Wittenberg's **Jim Smith** collected his first Men's Diving Coach of the Year trophy, while Denison's **Stephen Ritter** earned his first Women's Diving Coach of the Year honor. He had won the men's award the past three seasons.

**NORTH COAST ATHLETIC CONFERENCE
2009 Swimming & Diving Championships Final Standings**

MEN'S TEAM RESULTS

WOMEN'S TEAM RESULTS

Team	Points
1. Denison University	1,794.5
2. Kenyon College	1,419.0
3. Wittenberg University	903.5
4. Wabash College	782.5
5. College of Wooster	671.5
6. Allegheny College	659.0
7. Oberlin College	476 .0
8. Ohio Wesleyan University	348.0
9. Hiram College	311.0

Team	Points
1. Denison University	1,740.5
2. Kenyon College	1,609.5
3. Allegheny College	921.0
4. College of Wooster	823.0
5. Wittenberg University	806.0
6. Oberlin College	612.0
7. Ohio Wesleyan University	414.0
8. Hiram College	411.0

NORTH COAST ATHLETIC CONFERENCE
2009 Women's Swimming & Diving Championships
Thursday-Saturday, Feb. 12-14 • Canton, Ohio

50-YD FREESTYLE

*^ 23.19 Olivia Zaleski, DEN
 ^ 23.28 Kristen Hohl, DEN
 ^ 23.28 Elizabeth Carlton, KEN

100-YD FREESTYLE

^ 50.54 Kristen Hohl, DEN
 ^ 51.38 Tina Ertel, KEN
 52.45 Katie Moore, KEN

200-YD FREESTYLE

1:52.95 Kaitlyn Meirs, KEN
 1:53.01 Kristen Hohl, DEN
 1:53.01 Hilary Callen, DEN

500-YD FREESTYLE

*^ 4:53.65 Hilary Callen, DEN
 ^ 4:55.95 Jenny Cunningham, DEN
 5:00.96 Kaitlyn Meirs, KEN

1650-YD FREESTYLE

^ 17:00.66 Hilary Callen, DEN
 ^ 17:11.07 Kaitlyn Meirs, KEN
 ^ 17:14.84 Jenny Cunningham, DEN

200-YD INDIVIDUAL MEDLEY

2:05.94 Kellyn Caldwell, KEN
 2:06.73 Kate Rich, DEN
 2:07.62 Nicole Kett, KEN

400-YD INDIVIDUAL MEDLEY

*^ 4:27.73 Kellyn Caldwell, KEN
 4:30.54 Victoria Lederer, KEN
 4:31.38 Emily Schroeder, DEN

100-YD BUTTERFLY

*^ 54.84 Olivia Zaleski, DEN
 56.65 Kate Rich, DEN
 57.18 Tracy Menzel, KEN

200-YD BUTTERFLY

*^ 2:05.56 Laurel Brabson, DEN
 2:07.96 Lauren Brady, KEN
 2:08.57 Danielle Arad, KEN

100-YD BACKSTROKE

*^ 55.78 Olivia Zaleski, DEN
 58.01 Meggie Edwards, WOO
 58.09 Kathryn Leech, KEN

SWIMMER OF THE YEAR

Olivia Zaleski, Denison

DIVER OF THE YEAR

Brett Balling, DEN

SWIM COACH OF THE YEAR

Gregg Parini, DEN

DIVING COACH OF THE YEAR

Steve Ritter, DEN

200-YD BACKSTROKE

^ 2:01.74 Emily Schroeder, DEN
 ^ 2:04.05 Adeline Brym, WIT
 2:05.64 Carolyn Barer, KEN

100-YD BREASTSTROKE

1:04.03 Erin Ham, ALL
 1:04.07 Ksenia Golovkina, DEN
 1:04.48 Danielle Seltzer, KEN

200-YD BREASTSTROKE

*^ 2:19.46 Alis Vereshchagin, KEN
 ^ 2:19.56 Erin Ham, ALL
 ^ 2:20.69 Victoria Lederer, KEN

ONE-METER DIVING

387.15 Brett Balling, DEN
 336.25 Samantha Salas, DEN
 334.70 Erin Hanahan, OWU

THREE-METER DIVING

359.55 Brett Balling, DEN
 338.65 Samantha Salas, DEN
 309.30 Megan Shubitowski, WIT

200-YD FREESTYLE RELAY

*^ 1:32.95 DENISON
 ^ 1:34.69 KENYON
 1:37.51 ALLEGHENY

400-YD FREESTYLE RELAY

*^ 3:24.80 DENISON
 ^ 3:27.67 KENYON
 3:34.74 ALLEGHENY

800-YD FREESTYLE RELAY

* 7:32.29 DENISON
 7:39.40 KENYON
 7:52.17 WITTENBERG

200-YD MEDLEY RELAY

*^ 1:41.17 DENISON
 ^ 1:44.82 KENYON
 1:48.40 ALLEGHENY

400-YD MEDLEY RELAY

*^ 3:45.79 DENISON
 3:50.34 KENYON
 3:56.52 ALLEGHENY

FINAL TEAM STANDINGS

1. DENISON 1740.5
 2. KENYON 1609.5
 3. ALLEGHENY 921.0
 4. WOOSTER 823.0
 5. WITTENBERG 806.0
 6. OBERLIN 612.0
 7. OHIO WESLEYAN 414.0
 8. HIRAM 411.0

* NCAC Record ^ NCAA III Automatic @ Qualifying Time

**NORTH COAST ATHLETIC CONFERENCE
2009 Men's Swimming & Diving Championships
Thursday-Saturday, Feb. 12-14 • Canton, Ohio**

50-YD FREESTYLE

*^ 19.98 John Geissinger, DEN
20.74 Chris Bagley, DEN
20.76 Zachary Turk, KEN

100-YD FREESTYLE

*^ 43.96 John Geissinger, DEN
45.59 MJ Barczak, DEN
45.68 Chris Bagley, DEN

200-YD FREESTYLE

*^ 1:37.33 John Geissinger, DEN
^ 1:38.45 David Curtis, DEN
1:42.25 Andy Catlin, DEN

500-YD FREESTYLE

*^ 4:25.17 David Curtis, DEN
^ 4:27.47 Dan Thurston, DEN
^ 4:29.42 Kegan Borland, KEN

1650-YD FREESTYLE

^ 15:37.26 Kegan Borland, KEN
15:49.36 Dustin Schneider, KEN
15:54.45 Nathan Smith, KEN

200-YD INDIVIDUAL MEDLEY

1:52.03 Chris Sellon, DEN
1:52.31 Jake Lewing, DEN
1:53.69 Jesse Sorrell, KEN

400-YD INDIVIDUAL MEDLEY

*^ 3:56.55 Dan Thurston, DEN
^ 3:58.88 Kegan Borland, KEN
4:01.54 Chris Sellon, DEN

100-YD BUTTERFLY

49.91 Chris Bagley, DEN
50.05 Douglas Huguenard, KEN
50.28 Nat Carruthers, KEN

200-YD BUTTERFLY

1:51.66 David Curtis, DEN
1:53.44 Luke Sullivan, KEN
1:53.44 Dan Thurston, DEN

100-YD BACKSTROKE

*^ 50.19 Robert Barry, DEN
50.67 Michael Mpitsos, KEN
50.76 MJ Barczak, DEN

SWIMMER OF THE YEAR

John Geissinger, DEN

DIVER OF THE YEAR

Russ Bornschein, DEN

SWIM COACH OF THE YEAR

Gregg Parini, DEN

DIVING COACH OF THE YEAR

Jim Smith, WIT

200-YD BACKSTROKE

*^ 1:49.20 Robert Barry, DEN
^ 1:50.74 Michael Mpitsos, KEN
1:51.98 Charlie Grodecki, DEN

100-YD BREASTSTROKE

^ 56.31 David Gatz, OWU
56.69 David Lazarus, KEN
56.80 John Nemeth, DEN

200-YD BREASTSTROKE

*^ 2:01.23 David Gatz, OWU
^ 2:02.50 John Nemeth, DEN
2:07.29 Andy Brabson, DEN

THREE-METER DIVING

426.70 Philip Meyer, DEN
417.55 Cody Smith, DEN
400.90 Russ Bornschein, DEN

ONE-METER DIVING

442.95 Russ Bornschein, DEN
419.80 Cody Smith, DEN
415.45 Luke Knezevic, WOO

200-YD FREESTYLE RELAY

*^ 1:20.89 DENISON
1:22.82 KENYON
1:24.14 WITTENBERG

400-YD FREESTYLE RELAY

*^ 2:59.53 DENISON
3:02.44 KENYON
3:06.66 WABASH

800-YD FREESTYLE RELAY

*^ 6:39.05 DENISON
6:47.14 KENYON
6:57.07 WITTENBERG

200-YD MEDLEY RELAY

* 1:31.61 KENYON
1:32.10 DENISON
1:34.25 ALLEGHENY

400-YD MEDLEY RELAY

*^ 3:18.96 DENISON
3:21.69 KENYON
3:28.13 WABASH

FINAL TEAM STANDINGS

1. DENISON 1794.5
2. KENYON 1419.0
3. WITTENBERG 903.5
4. WABASH 782.5
5. WOOSTER 671.5
6. ALLEGHENY 659.0
7. OBERLIN 476.0
8. OHIO WESLEYAN 348.0
9. HIRAM 311.0

* NCAC Record ^ NCAA III Automatic Qualifying Time